

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Welcome to December 1 -Monthly Gazette -Daily Chronicle & Coffee -Balloon Exercises -Music Therapy -Baking with Michelle -Story Time -Ice Cream Social	Shinning Nose Day 2 -Chair Exercises -Scenic Drive -Daily Chronicle -White Board Games -Candy BINGO -Puzzle Time -Ball Toss	Cookie Day 3 Doctor Drives -Noodle Arm Workouts -Creative Water Color Art -Daily Chronicle Discussion -Craft Hour with Michelle -Puzzle Time -Movie & Popcorn 8:00 CMA Country Christmas Special (MT)	Naughty or Nice Day 4 -Dancing Exercises -Daily Chronicle <i>-10:30 Sing A Long with Rosemarie Kubes</i> -Table Volleyball -Color Art Therapy -Puzzle Time 8:00 A Christmas in Rockefeller Center -NBC	Walt Disney Day 5 Doctor Drives -Daily Chronicle & Coffee -Walk the Community -Pretty Nails -Word Challenge -Ice Cream Social	All About Alliterations 6 -Balloon Toss Exercises -Color Art Therapy <i>-1:30 Music & Vocals with Vincent Young</i> -Daily Chronicle -Sharing Christmas Stories	Pearl Harbor 7 -Chair Exercises -Daily Chronicle Discussion -Candy BINGO -Puzzle Time -Matching Game -Movie & Popcorn
Time Travel Day 8 -Daily Chronicle & Coffee -Music Therapy -Balloon Exercises -Ice Cream Social -Story Time -Table Volleyball	Christmas Card Day 9 -Chair Exercises -Daily Chronicle -Scenic Drive -Color Art Therapy <i>-Classical Academy Musical Theater Christmas Carols</i> -Word Challenge	Borrow Something Day 10 Doctor Drives -Noodle Arm Workouts -Daily Chronicle Discussion -UNO -Puzzle Time -Movie & Popcorn -Color Art Therapy	Let it Snow Day 11 -Dancing Exercises -Daily Chronicle -Arts & Crafts with Michelle -Table Ball Toss -Flying Kites at the Park -Music Therapy	Dozen Day 12 Doctor Drives -Walk the Community -Puzzle Time -Daily Chronicle <i>-2:00 Piano Music with Steve</i> -Word Challenge -Reminiscing	String Popcorn Day 13 -Balloon Toss Exercises -Creative Watercolor Art -Daily Chronicle -Mind Jogglers -Ice Cream Parlor Treats -Pretty Nails 8:00 88 th Annual Christmas Parade – CW (MT)	Gingerbread Decorating 14 -Chair Exercises -Music Therapy -Daily Chronicle Discussion -Candy BINGO -Daily Chronicle -Matching Game
A Grinch Day 15 -Daily Chronicle & Hot Chocolate -Balloon Exercises -Candy Cane BINGO -Sharing Stories -Baking with Michelle -Movie and Popcorn: "How the Grinch Stole Christmas"	Teatime Day 16 -Chair Exercises -Scenic Drive -1:30 Christmas Music Show with Vincent Young -Daily Chronicle & Tea -Tongue Twisters -Ice Cream Social	Syrup Day 17 Doctor Drives -Noodle Arm Workouts -Daily Chronicle Discussion -Craft Hour with Michelle -Mind Jogglers -Color Art Therapy -Movie & Popcorn	Wear Red Lipstick Day 18 <i>-10:30 Sing A Long with Rosemarie Kubes</i> -Color Art Therapy -Daily Chronicle -Candy BINGO -Popcorn Social -Holiday Lights Tour	Titanic Film Debut 19 Doctor Drives -Walk the Community -Table Volleyball -Color Art Therapy -UNO -Daily Chronicle -"Netflix & Chill"	Ugly Sweater Day 20 -Color Art Therapy <i>-10:00 Senior Samba with Tamar</i> -Puzzle Time -Daily Chronicle -Ice Cream Social -Reminiscing	First Day of Winter 21 -Chair Exercises -Matching Game -Daily Chronicle Discussion -Holiday Movie -Music Therapy -Candy BINGO
Happy Hanukkah 22 -Balloon Exercises -Daily Chronicle & Coffee -Candy Cane BINGO -Reminiscing -Ice Cream Social -All About Hanukkah -Color Art Therapy	Creative Candy Cane Day 23 -Chair Exercises -Scenic Drive -Daily Chronicle <i>-2:30 2nd Strings Band Christmas Show</i> -Christmas Color Manicures -Ice Cream Social	Christmas Eve 24 -Noodle Arm Workout -Daily Chronicle Discussion -Hot Chocolate & Christmas Cookies -Mind Jogglers -Arts & Crafts with Michelle -Movie & Popcorn	Merry Christmas 25 -Christmas Sing A Long with Hot Chocolate -Christmas BINGO -11:30 Christmas Brunch -Christmas Craft -Christmas Movie	Kwanzaa Begins 26 Doctor Drives -Walk the Community -Creative Painting with Water Colors -Daily Chronicle -Table Volleyball -Ice Cream Parlor Treats -Movie & Popcorn	Learn a New Language Day 27 -Balloon Toss Exercises -Creative Watercolor Art -Daily Chronicle -Mind Jogglers -Ice Cream Parlor Treats -Puzzle Time -Reminiscing	Chocolate Candy Day 28 -Chair Exercises -Matching Game -Daily Chronicle Discussion -Movie & Popcorn -Music Therapy -Candy BINGO
Makeover Day 29 -Balloon Exercises -Candy Cane BINGO -Reminiscing -Ice Cream Social -"Netflix & Chill" -Color Art Therapy	Bacon Day 30 -Chair Exercises -Scenic Drive -Nail Touch-Up -Daily Chronicle -Ice Cream Social -Balloon & Noodle Fun!	New Year's Eve 31 -Noodle Arm Workout -Daily Chronicle Discussion -Mind Jogglers -New Year's Eve Social -Movie & Popcorn	<h1 style="color: blue;">December 2019</h1> <h2 style="color: blue;">Ocean Hills Senior Living Journeys</h2>			