


August 2021

Ocean Hills Memory Care Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:30 🔄 Rocking and Rolling 1</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 National Gallery of Art: Washington DC Virtual Visit</p> <p>2:00 ★ World of Color</p> <p>4:00 🌿 Green Thumb Gardeners</p> <p>6:30 🦋 Sentimental Serenity</p> <p>7:00 🦋 Church Gathering and Worship</p>	<p>9:30 🔄 Seated Soccer / "Football" 2</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Stick figure story telling</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Crafty Club: Picture Perfect</p> <p>4:00 🌿 Resident Spotlight: My History</p> <p>6:30 🦋 Tablet for relaxation</p>	<p>9:30 🔄 Octaband 3</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Poetry Pals</p> <p>1:00 🌿 Ice Cream Social</p> <p>2:00 ★ Words of Wisdom</p> <p>4:00 🌿 Patio Put-Put</p> <p>6:30 🦋 Meditation Circle</p> <p>7:00 ❤️ Timeless Melodies Choir Club</p>	<p>9:30 🔄 Balance Boogie 4</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>10:00 🔄 Senior Samba with Tamar</p> <p>11:30 📖 Dave Delivers Donuts in Denver</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Planning a parade float</p> <p>4:00 🌿 Freeride</p> <p>6:30 🦋 Weekday Worship: Favorite Hymns</p> <p>7:00 ❤️ Chapter Chat</p>	<p>9:30 🔄 Seated Aerobics 5</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Team's Choice Trivia</p> <p>2:00 ★ Baking cookies</p> <p>2:30 🌿 Prize Bingo</p> <p>4:00 🌿 Seasonal Celebration</p> <p>6:30 🦋 Prayer or group spiritual reading</p>	<p>9:30 🔄 Bean Bag Toss 6</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Tablet for coloring or painting</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>1:00 🌿 Trips and Travels</p> <p>2:00 ★ Leaf and Floral Printing</p> <p>4:00 🌿 Uncorked</p> <p>6:30 🦋 Mindfulness Meditation</p> <p>7:00 📖 Montessori Life</p>	<p>9:30 🔄 Weight training 7</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 A World of Good-News</p> <p>1:00 🌿 Be Our Guest</p> <p>2:00 ★ Puzzle Club</p> <p>4:00 🌿 Sunshine Social</p> <p>6:30 🦋 Daily Devotions</p> <p>7:00 📖 Pass the Popcorn</p>	
<p>9:30 🔄 Bocce Ball 8</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Brainstorming</p> <p>2:00 ★ World of Color</p> <p>4:00 🌿 Green Thumb Gardeners</p> <p>6:30 🦋 Chicken Soup for the Soul</p> <p>7:00 🦋 Church Gathering and Worship</p>	<p>9:30 🔄 Volleyball 9</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Word Search</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Makeover Madness Photo Shoot</p> <p>4:00 🌿 Intergenerational Programming</p> <p>6:30 🦋 Music in Motion</p>	<p>9:30 🔄 Bowling 10</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Breaking Bread</p> <p>1:00 🌿 Ice Cream Social</p> <p>2:00 ★ Washing dishes</p> <p>4:00 🌿 I Love Lucy</p> <p>6:30 🦋 Daily Devotions</p> <p>7:00 ❤️ Timeless Melodies Choir Club</p>	<p>9:30 🔄 Zumba Gold 11</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Tape Art</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Food on the griddle</p> <p>4:00 🌿 Dirt cups</p> <p>6:30 🦋 Mindfulness Meditation</p> <p>7:00 ❤️ Chapter Chat</p>	<p>9:30 🔄 Home Stretch Derby 12</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Zip, Zap, Zop</p> <p>2:00 ★ Star of David chocolate pretzels</p> <p>2:30 🌿 Prize Bingo</p> <p>4:00 🌿 Manicure Madness</p> <p>6:30 🦋 Tablet for relaxation</p>	<p>9:30 🔄 Badminton 13</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Taste-testing</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>1:00 🌿 Trips and Travels</p> <p>2:00 ★ Crafty Club: Stained Glass</p> <p>4:00 🌿 Uncorked</p> <p>6:30 🦋 Chicken Soup for the Soul</p> <p>7:00 📖 Montessori Life</p>	<p>9:30 🔄 Balloon Toss 14</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 A World of Good-News</p> <p>1:00 🌿 Be Our Guest</p> <p>2:00 ★ Puzzle Club</p> <p>4:00 🌿 Cookies and Conversations</p> <p>6:30 🦋 Music in Motion</p> <p>7:00 📖 Pass the Popcorn</p>	
<p>9:30 🔄 Morning Stretch 15</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Community Choice</p> <p>2:00 ★ World of Color</p> <p>4:00 🌿 Green Thumb Gardeners</p> <p>6:30 🦋 Meditation Circle</p> <p>7:00 🦋 Church Gathering and Worship</p>	<p>9:30 🔄 HORSE 16</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Master Minds</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Paint Pour</p> <p>4:00 ★ Birthday Bash</p> <p>6:30 🦋 Sentimental Serenity</p>	<p>9:30 🔄 Ageless Grace 17</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Name That Tune</p> <p>1:00 🌿 Ice Cream Social</p> <p>2:00 ★ Veterans celebration</p> <p>4:00 🌿 Going out for ice cream</p> <p>6:30 🦋 Prayer or group spiritual reading</p> <p>7:00 ❤️ Timeless Melodies Choir Club</p>	<p>9:30 🔄 Basketball 18</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>10:00 🔄 Senior Samba with Tamar</p> <p>11:30 📖 Finish The Phrase Game</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Wonderful World of Watercolor</p> <p>4:00 🌿 Happy Trails</p> <p>6:30 🦋 Weekday Worship: Favorite Hymns</p> <p>7:00 ❤️ Chapter Chat</p>	<p>9:30 🔄 Ribbon Dance 19</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Button trees</p> <p>2:00 ★ Staff Appreciation: Aroma Sachet</p> <p>2:30 🌿 Prize Bingo</p> <p>4:00 🌿 Planet Earth</p> <p>6:30 🦋 Meditation Circle</p>	<p>9:30 🔄 Frisbee Golf 20</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 MindStart Puzzling</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>1:00 🌿 Trips and Travels</p> <p>2:00 ★ Crafty Club: Suncatchers</p> <p>4:00 🌿 Uncorked</p> <p>6:30 🦋 Sentimental Serenity</p> <p>7:00 📖 Montessori Life</p>	<p>9:30 🔄 Free-Throw Competition 21</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 A World of Good-News</p> <p>1:00 🌿 Be Our Guest</p> <p>2:00 ★ Puzzle Club</p> <p>4:00 🌿 Riddle Me This</p> <p>6:30 🦋 Mindfulness Meditation</p> <p>7:00 📖 Pass the Popcorn</p>	
<p>9:30 🔄 Meditation and Relaxation 22</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Four Word Phrases</p> <p>2:00 ★ World of Color</p> <p>4:00 🌿 Green Thumb Gardeners</p> <p>6:30 🦋 Tablet for relaxation</p> <p>7:00 🦋 Church Gathering and Worship</p>	<p>9:30 🔄 Mimicked stretching 23</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Grocery Game</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Stamp Art</p> <p>4:00 🌿 Cooking Club: American Classic</p> <p>6:30 🦋 Weekday Worship: Favorite Hymns</p>	<p>9:30 🔄 Chair Dance 24</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Crosswords and puzzles</p> <p>1:00 🌿 Ice Cream Social</p> <p>2:00 ★ Community Chores</p> <p>4:00 🌿 Garden Rocks</p> <p>6:30 🦋 Daily Devotions</p> <p>7:00 ❤️ Timeless Melodies Choir Club</p>	<p>9:30 🔄 Kickball 25</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Creating firework art</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Cooking Club: Smooth Moves</p> <p>4:00 🌿 Tablet for a virtual aquarium or virtual pets</p> <p>6:30 🦋 Prayer or group spiritual reading</p> <p>7:00 ❤️ Chapter Chat</p>	<p>9:30 🔄 Sit and Be Fit 26</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Word Wall</p> <p>2:00 ★ Residents Pick</p> <p>2:30 🌿 Prize Bingo</p> <p>4:00 🌿 Armchair Travel: France</p> <p>6:30 🦋 Chicken Soup for the Soul</p>	<p>9:30 🔄 TacTic Toss 27</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Group Rhyme</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>1:00 🌿 Trips and Travels</p> <p>2:00 ★ Soft pretzels</p> <p>4:00 🌿 Uncorked</p> <p>6:30 🦋 Music in Motion</p> <p>7:00 📖 Montessori Life</p>	<p>9:30 🔄 Seated Qigong Tai Chi and Yoga 28</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 A World of Good-News</p> <p>1:00 🌿 Be Our Guest</p> <p>2:00 ★ Puzzle Club</p> <p>4:00 🌿 Armchair Travel: Ireland</p> <p>6:30 🦋 Chicken Soup for the Soul</p> <p>7:00 📖 Pass the Popcorn</p>	
<p>9:30 🔄 Senior Stretch 29</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 High Tea</p> <p>2:00 ★ World of Color</p> <p>4:00 🌿 Green Thumb Gardeners</p> <p>6:30 🦋 Mindfulness Meditation</p> <p>7:00 🦋 Church Gathering and Worship</p>	<p>9:30 🔄 Aqua Toss 30</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Finishing Lyrics and Finishing Lines</p> <p>1:00 ❤️ Chicken Soup for the Soul</p> <p>2:00 ★ Creature Craft</p> <p>4:00 🌿 Friendly Formal</p> <p>6:30 🦋 Sentimental Serenity</p>	<p>9:30 🔄 Sports Moves 31</p> <p>10:00 📖 Daily Chronicle</p> <p>10:00 🔄 Infusion Bar</p> <p>11:30 📖 Opposites</p> <p>1:00 🌿 Ice Cream Social</p> <p>2:00 ★ Sorting socks</p> <p>4:00 🌿 Birdscaping: Attracting and Recognizing your Native Birds</p> <p>6:30 🦋 Daily Devotions</p> <p>7:00 ❤️ Timeless Melodies Choir Club</p>				<p>❤️ Emotional</p> <p>💡 Intellectual</p> <p>🔄 Physical</p> <p>★ Purposeful</p> <p>🌿 Social</p> <p>🦋 Spiritual</p>	<p>"Fairest of the months! Ripe summer's queen The hey-day of the year With robes that gleam with sunny sheen Sweet August doth appear." — R. Combe Miller</p>