

October 2021

Ocean Hills Memory Care Monthly Calendar



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|---|
| October cont'd 31 Halloween 9:30 ↔ Morning Stretch 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:00 🌿 Manicures 11:30 ☀ Master Minds 12:30 🎃 Halloween Bash w/ Musicstation [DR] 2:30 🌿 Halloween Munch & Parade 4:00 🍬 Candy Madness 6:30 🦋 Sentimental Serenity 7:00 🦋 Church Gathering and Worship | Location Keys Activity Room AR Dining Room DR | Emotional Intellectual Physical Purposeful Social Spiritual | "You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down." – Mary Pickford | 9:30 ↔ Zumba Gold 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Higher or Lower 1:00 ❤️ Finish That Phrase 1:00 🌿 Trips and Travels: Surprise 2:00 ☀ Makeover Madness Photo Shoot 4:00 🌿 Uncorked 6:30 🦋 Daily Devotions 7:00 ☀ Montessori Life | 9:30 ↔ Kickball 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ A World of Good-News 1:00 🌿 Be Our Guest 2:00 ⭐ Puzzle Club 4:00 🌿 Birdscaping: Attracting and Recognizing your Native Birds 6:30 🦋 Sentimental Serenity 7:00 ☀ Pass the Popcorn: The Little Vampire | |
| 9:30 ↔ Seated Qigong Tai Chi and Yoga 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Group Rhyme 1:00 🌿 Manicures 2:30 ⭐ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Prayer or group spiritual reading 7:00 🦋 Church Gathering and Worship | 9:30 ↔ Badminton 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Flower suncatchers 1:00 ❤️ Chicken Soup for the Soul 2:00 ⭐ Crafty Club: Jewelry Making 4:00 🌿 Flag-colored parfaits 6:30 🦋 Tablet for relaxation | 9:30 ↔ Irish Chair Dance 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Putting a puzzle together 1:00 🌿 Ice Cream Social 2:00 ⭐ Soft pretzels 3:30 Modern Marvels 6:30 🦋 Music in Motion 7:00 ❤️ Timeless Melodies Choir Club | 9:30 ↔ Chair Dance 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 1:00 ❤️ Nature Knowledge Hour with Jamie 2:00 ⭐ Wonderful World of Watercolor 4:00 🌿 Brain Games 6:30 🦋 Chicken Soup for the Soul 7:00 ❤️ Chapter Chat | 9:30 ↔ HORSE 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Name That Job 1:30 🌿 Pumpkin Decorating 4:00 ⭐ Birthday Bash 6:30 🦋 Meditation Circle | 9:30 ↔ Bag Toss 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Group Imagination 1:00 ❤️ Inspirational Music 1:00 🌿 Trips and Travels: Beach Drive 2:00 ⭐ Creature Craft 4:00 🌿 Uncorked 6:30 🦋 Mindfulness Meditation 7:00 ☀ Montessori Life | 9:30 ↔ Balloon Toss 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ A World of Good-News 1:00 🌿 Be Our Guest 2:00 ⭐ Ghostly Crafts 4:00 🌿 Planet Earth 6:30 🦋 Weekday Worship: Favorite Hymns 7:00 ☀ Pass the Popcorn: The Witches |
| 9:30 ↔ Baget Golf 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Word Search 1:00 🌿 Manicures 2:30 ⭐ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Weekday Worship: Favorite Hymns 7:00 🦋 Church Gathering and Worship | Columbus Day 9:30 ↔ Free-Throw Competition 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Link Think 1:00 ❤️ Chicken Soup for the Soul 2:00 ⭐ Baking cookies 4:00 🌿 Seasonal Celebration: Costumes 6:30 🦋 Music in Motion | 9:30 ↔ Rocking and Rolling 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Tablet for coloring or painting 1:00 🌿 Ice Cream Social 2:00 ⭐ Planning a parade float 4:00 🌿 Blessed Blooms Club 6:30 🦋 Meditation Circle 7:00 ❤️ Timeless Melodies Choir Club | 9:30 ↔ Ribbon Dance 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 10:00 ↔ Senior Samba with Tamar 11:30 ☀ High Tea 1:00 ❤️ Fun Facts 2:00 ⭐ Paint Pour 4:00 🌿 Cooking Club: French Cuisine 6:30 🦋 Tablet for relaxation 7:00 ❤️ Chapter Chat | 9:30 ↔ Seated Aerobics 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 1:00 ☀ Short Stories 2:00 ⭐ No-bake items - Scary Treats 2:30 🌿 Prize Bingo 4:00 🌿 Going out for lunch 6:30 🦋 Prayer or group spiritual reading | 9:30 ↔ Seated Soccer / "Football" 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Brainstorming 1:00 ❤️ Sing-A-Long with Susie Q 1:00 🌿 Trips and Travels: Scenic Drive 2:00 ⭐ Pampered Paws 4:00 🌿 Uncorked 6:30 🦋 Sentimental Serenity 7:00 ☀ Montessori Life | 9:30 ↔ Ageless Grace 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ A World of Good-News 1:00 🌿 Be Our Guest 2:00 ⭐ Mummy Mason Jars 4:00 🌿 Manicure Madness 6:30 🦋 Mindfulness Meditation 7:00 ☀ Pass the Popcorn: Hubie Halloween |
| 9:30 ↔ Balance Boogie 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ National Gallery of Art: Washington DC Virtual Visit 1:00 🌿 Manicures 2:30 ⭐ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Daily Devotions 7:00 🦋 Church Gathering and Worship | 9:30 ↔ Home Stretch Derby 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ MindStart Puzzling 1:00 ☀ Name that State 2:00 ⭐ Crafty Club: Stained Glass 4:00 🌿 Intergenerational Programming 6:30 🦋 Chicken Soup for the Soul | 9:30 ↔ Senior Stretch 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Dave Delivers Donuts in Denver 1:00 🌿 Ice Cream Social 2:00 ⭐ Scented dough claytionary 4:00 🌿 I Love Lucy 6:30 🦋 Prayer or group spiritual reading 7:00 ❤️ Timeless Melodies Choir Club | 9:30 ↔ Bean Bag Toss 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 10:00 ↔ Senior Samba with Tamar 11:30 ☀ Crosswords and puzzles 12:30 🎃 Oktober Fest Celebration [DR] 1:00 ❤️ What's in a Word 2:00 ⭐ Aquapaint 4:00 🌿 Tablet for a virtual aquarium or virtual pets 6:30 🦋 Mindfulness Meditation 7:00 ❤️ Chapter Chat | 9:30 ↔ Octaband 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:00 ↔ Music Therapy with David (Comfort & Peace) 1:00 🌿 Manicures 2:00 ⭐ Dinner Party name cards (Halloween Theme) 3:30 🌿 Prize Bingo 4:00 🌿 Dirt cups 6:30 🦋 Daily Devotions | 9:30 ↔ Basketball 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Jingle Jumble 1:00 ❤️ Music Masterpieces 1:00 🌿 Trips and Travels: Peacocks 2:00 ⭐ Residents Pick 4:00 🌿 Uncorked 6:30 🦋 Sentimental Serenity 7:00 ☀ Montessori Life | 9:30 ↔ Mimicked stretching 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ A World of Good-News 1:00 🌿 Be Our Guest: Al Estrada 2:00 ⭐ Puzzle Club 4:00 🌿 Sunshine Social 6:30 🦋 Weekday Worship: Favorite Hymns 7:00 ☀ Pass the Popcorn: The Haunted Mansion [AR] |
| 9:30 ↔ Sittercise 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Treeval Word Game: US Presidents 1:00 🌿 Manicures 2:30 ⭐ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Tablet for relaxation 7:00 🦋 Church Gathering and Worship | 9:30 ↔ Volleyball 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Poetry Pals 1:00 ❤️ Sensational Smells 2:00 ⭐ Painting Posies 4:00 🌿 Friendly Formal 6:30 🦋 Music in Motion | 9:30 ↔ TacTic Toss 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Halloween charades 1:00 🌿 Ice Cream Social 2:00 ⭐ Walker Bags 4:00 🌿 Patio Put-Put 6:30 🦋 Chicken Soup for the Soul 7:00 ❤️ Timeless Melodies Choir Club | 9:30 ↔ Throw Tic Tac Toe 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Clap, Clap 1:00 ❤️ Senior Jokes with Jamie 2:00 ⭐ Cooking Club: Smooth Moves 4:00 🌿 Garden Rocks 6:30 🦋 Meditation Circle 7:00 ❤️ Chapter Chat | 9:30 ↔ Bowling 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Grocery Game 1:30 ☀ Rhyming Word Fun 2:00 ⭐ Colorful Collage 2:30 🌿 Prize Bingo 4:00 🌿 Beautiful Blossoms Game 6:30 🦋 Weekday Worship: Favorite Hymns | 9:30 ↔ Meditation and Relaxation 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ Creating firework art 1:00 ❤️ Jazzy Sounds 1:00 🌿 Trips and Travels: Scenic Drive 2:00 ⭐ Veterans celebration 4:00 🌿 Uncorked 6:30 🦋 Meditation Circle 7:00 ☀ Montessori Life | 9:30 ↔ Sports Moves 10:00 ☀ Daily Chronicle 10:00 ↔ Infusion Bar 11:30 ☀ A World of Good-News 1:00 🌿 Be Our Guest 2:00 ⭐ Puzzle Club 4:00 🌿 Resident Spotlight: My History 6:30 🦋 Music in Motion 7:00 ☀ Pass the Popcorn: Hocus Pocus |

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